



## ADULT DAY PROGRAM

A program and friendly place to meet people, explore new activities and rekindle former interests while having access to needed health services. Participants visit during the day for organized activities with refreshments, a hot lunch and return home in the afternoon.

- ◆ Nutritious breakfast, lunch, and snacks that meet dietary guidelines
- ◆ Group exercise
- ◆ Current events discussion groups
- ◆ Strength and balance training
- ◆ Activities such as yoga, music therapy, creative writing, gardening, craft projects, Wii games, karaoke, health & wellness education, musical entertainment, dancing, and weekly outings

RESIDENTS *first!*

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## Adult Day Program Offers

- ◆ Coordination of care planning with family, physicians, and other service providers
- ◆ Discreet and respectful personal care assistance
- ◆ Medical and social service support
- ◆ Ongoing observation and assessment of participants medical, behavioral and cognitive function
- ◆ Medication administration, injections, and other treatments prescribed by a physician
- ◆ Monitoring of blood sugar, weight, blood pressure, oxygen level, memory loss status and nutritional intake
- ◆ On-site podiatrist, counseling, therapy assessment and case management



*We welcome you to tour Kendallville Manor at any time. If you would like to schedule an appointment and tour with our admissions staff, or join us for a complimentary lunch, please call us at (260) 347-4374.*



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